

Year 11 Sports Academy

TERM 1 2018	Wk One Jan 29-Feb2	Wk Two Feb 5 - 9	Wk Three Feb 12 - 16	Wk Four Feb 19 - 23	Wk Five Feb 26- Mar2	Wk Six Mar 5 - 9	Wk Seven Mar 12 - 16	Wk Eight Mar 19 - 23	Wk Nine Mar 26 - 30	Wk Ten Apr 2 - 6	Wk Eleven Apr 9 - 13
AS 1.7 – Outdoor Experiences						AS 1.2 – Biomechanics					

TERM 2 2018	Wk One Apr 30-May 4	Wk Two May 7 - 11	Wk Three May 14 - 18	Wk Four May 21 - 25	Wk Five May 28 – Jun1	Wk Six Jun 4 - 8	Wk Seven Jun 11 - 15	Wk Eight Jun 18 - 22	Wk Nine Jun 25 - 29	Wk Ten Jul 2 - 6
AS 1.6/1.3 – Training and Performance in your Sport										

TERM 3 2018	Wk One Jul 23 - 27	Wk Two Jul 30-Aug3	Wk Three Aug 6 - 10	Wk Four Aug 13 - 17	Wk Five Aug 20 - 24	Wk Six Aug 27 - 31	Wk Seven Sept 3 - 7	Wk Eight Sept 10 - 14	Wk Nine Sept 17 - 21	Wk Ten Sept 24 - 28
AS 1.1 and 1.5 – Factors that affect participation and interpersonal skills										

TERM 4 2018	Wk One Oct 15 - 19	Wk Two Oct 22 - 26	Wk Three Oct 29-Nov2	Wk Four Nov 5 - 9	Wk Five Nov 12 - 16	Wk Six Nov 19 - 23	Wk Seven Nov 26 - 30	Wk Eight Dec 3 - 7	Wk Nine Dec 10 - 14	
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