

WAIRARAPA COLLEGE



YEAR 10

SPORTS ACADEMY APPLICATION PACK

WAIRARAPA COLLEGE SPORTS ACADEMY STUDENT INFORMATION

Wairarapa College is seeking applications for the Year 10 Sports Academy. The Academy will run in the selected student's PE and Health line (6 period per 10 days). Applications are open to all students currently in Year 9 (not just current Year 9 Sports Academy athletes). There are limited spaces available for 2022 – one class of 25 students will be selected. See important information below:

PURPOSE:

- To cater for Wairarapa College's sporting talent. By providing a pathway that focuses on developing all round athletes.
- To improve Wairarapa College's performance in sport.
- To enable students the time and guidance to excel as athletes and promote Wairarapa College's sport.
- To instil and enhance the school values of LEAD in each student.
- To develop lifelong learning opportunities through a challenging and stimulating environment.
- To promote ideals in our young athletes that will enable them to make informed decisions about furthering their involvement in sport.

CONTENT:

Students will develop an understanding of the following with the aim to implement into their sports:

- Sports Nutrition
- Specialist skill training
- Goal Setting
- Time Management
- Fitness Testing and Programmes
- Training Methods
- Skill Development
- Measuring Improvement
- Sports Psychology
- Team and Individual Philosophy
- Dealing with Success and Failure
- Coaching
- Sports Leadership
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EXPECTATIONS OF STUDENTS:

Students involved in the sports academy will be expected to:

- Have a passion for their selected sport
- Demonstrate the school values to a high standard
- Have a positive attitude across all curriculum areas
- Have a willingness to seek and act on feedback given
- Have high personal standards of behaviour and meet all expectations
- Regularly attend school (90% attendance) and meet all school and extracurricular commitments.

Student's academic progress and behaviour will be monitored and students withdrawn from the sports academy if it is not up to standard.

APPLICATION PROCESS:

1. Students will be required to fill out the application form. By following the link below or scanning the QR code.

https://forms.office.com/Pages/ResponsePage.aspx?id=3J9HI1sTBUCIK4Dns9fPrB5iza_rrpFDoS-Hk5Db16pUQko2NIBJUjZRWlIxQVIEQUVLMVIOOFZDUS4u



If you can't fill the form out online then please contact the school office for a paper copy.

2. If shortlisted then students will be invited to a fitness testing day in term 3.
3. Selectors look at fitness testing information, attitude, referee information and skill testing.
4. Successful applicants will be notified via email or post.
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IMPORTANT DATES:

1. Applications due by **Friday 10th September** to Wairarapa College Office. PO Box 463 MASTERTON.
2. Fitness testing **Friday 27th October** 1pm-3pm College School gym
3. Selections made by **Friday 5th November**

NB: All selection decisions are final and no correspondence related to selection will be entered into.

CONTACT DETAILS:

If you have any queries feel free to contact:

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